

RESOURCES

Adult Shelters and Safe Places

Main Street Projects 24/7

637 Main Street, Wpg MB 204-982-8267

18+ low barrier, day drop-in, overnight shelter, showers, food, clothing.

N'Dinewamak 24/7

190 Disraeli Fwy, Wpg MB 204-982-8267, 204-560-7913

18+ low barrier drop-in with food, sign up for overnight stay, showers, food, and clothing.

Salvation Army Centre of Hope 24/7

180 Henry Avenue, Wpg MB 204-946-9400

Overnight shelter for families

Siloam Mission 8 pm to 7 am

300 Princess St, Wpg MB 204-956-4344

18+ overnight shelter, showers, clothing, and laundry



Day Drop-Ins with Food and Washrooms

Lighthouse Mission

669 Main Street, Wpg MB 204-943-9669

Monday to Thursday 9 am to 3:30 pm; Friday 1 pm to 7:30 pm

North End Women's Centre

394 Selkirk Avenue, Wpg MB 204-589-7347

8:30 am to 4:30 pm M/T/Th - 12 to 4:30 W - 8:30 am to 4 pm F

Freedom House

294 Ellen Street, Wpg MB 204-504-9888

7 am to 8 pm M to F

One88

188 Princess Street, Wpg MB, 204-504-8118

10 am to 2 pm M to Th - 10 am to 1 pm F

Bagged Meals

Agape Table

364 Furby Street, Wpg MB, 204-783-6369

7 am to 11 am M to F

Andrews Street Family Centre

220 Andrews Street, Wpg MB, 204-589-1721

12 pm M to F

West Broadway Community Services

222 Furby Street Unit 102 Wpg, MB, 204-774-2773

4:30 pm to 6 pm M to Th

West Central Women's Resource Centre

640 Ellice Avenue, Wpg MB, 204-774-8975

12 pm M/W/F - 5 pm Tu/Th - 10 am



Mobile Outreach for Adults

Main Street Project

24/7 citywide

204-232-5217

Ma Mawi Wi Chi Itata

9 am to 7 am

citywide

Street Connections

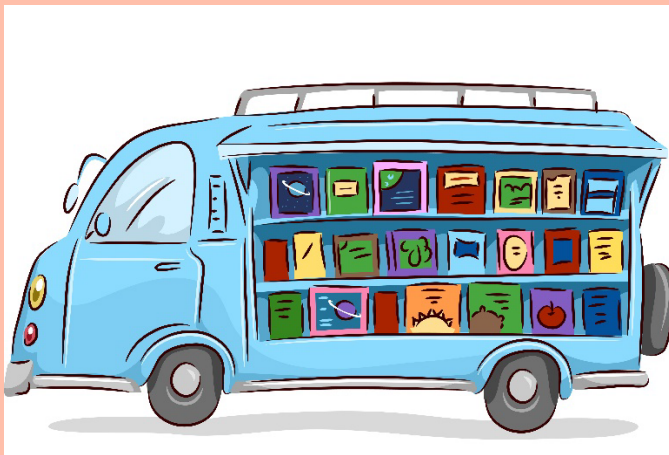
6 pm to 11:30 pm M to F, 5 pm to 11 pm Saturday

citywide

West Central Women's Resource Centre

5 pm to 9 pm M/W, 2 pm to 6 pm Tu 11 am to 3 pm S/S

West End/Downtown/East of the River



By: Tricia Cook, Content Navigator